5

## ABSTRACT OF THE DISCLOSURE

A cosmetic or corporal hygiene composition may comprise 98-100% by weight biodermal constituents including at least two different biodermal constituents, each biodermal constituent being cytocompatible with skin; and 0-2% by weight of at least one non-biodermal constituent that is compatible with skin. This composition may be used in a cosmetic method. The cosmetic method may comprise: (a) starting from the living epidermis as an ecological medium; (b) choosing biodermal constituents that are each cytocompatible and biomimetic with a component of the skin; (c) choosing non-biodermal constituents that are biocompatible with the skin; (d) formulating a composition for topically use, which comprises 98-100% by weight of the biodermal constituents, including at least one component in a major amount and at least one component in a minor amount, and 0-2% by weight of the non-biodermal constituents, so that the composition is stable and exhibits at least one non-systemic topical beneficial activity; and (e) applying the composition on a superficial part of the human body so as to maintain the functional biological equilibria of the living epidermis ecological medium.